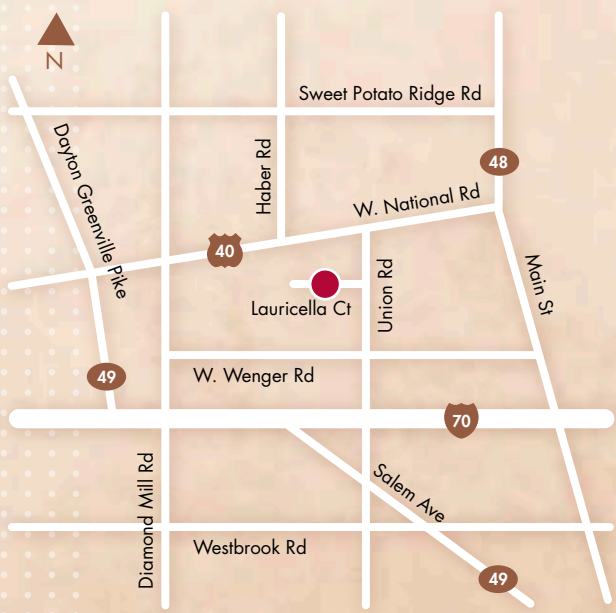




*We are* a real community—devoted to compassion for one another. Here we embrace residents as family and they, in turn, reward us with their sounds of laughter and bright smiles.

# Helping Hands

AN OVERVIEW  
OF LIBERTY  
SERVICES



## Some days we all need a little help

Some days in our lives we require a little help, some days we need a lot. That is why we have multiple levels of care in our community. Regardless of the level of care needed, there are certain elements of care that remain constant at Liberty communities. We pay special attention to improving the quality of life with dignity, providing pleasure in the surroundings and the pursuit of happiness.

We believe that a long- or short-term care community should be a place where people live, grow and call “home”—not an institution for the frail and elderly. It is

important to care for both the body and spirit. That is why we encourage our residents to take active roles in their care plan and become involved in the many planned activities throughout our community.

Life decisions are always difficult, especially where our health is concerned. We hope that you will take the time to learn more about our community. We are sure you will see why we are so different than others. After all, we have been helping families just like yours for many years.

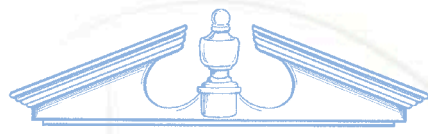


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# Inside Liberty HELPING A LOVED ONE TAKES A CARING TEAM



The Liberty community family is quite large. There are over 13 Liberty Communities in the Ohio. We provide care with attention to details. Our staff and management are dedicated to meeting the personal needs of all those who are in our care. Our goal each day is to help every resident achieve the highest level of independence and wellness possible.



## Patient assessments

Every new resident will have a physical assessment so that a care plan can be tailored to their specific needs. Follow-up assessments will take place periodically to ensure that the care plan is still on track. We encourage resident and family involvement.

One of the reasons for our success at Liberty is that we make sure the care plan includes an environment of continuing growth for those in our care. Many of our residents are still leading full satisfying lives. Boredom, loneliness and helplessness can cause depression and research shows they can cause failing health as well. We are devoted to providing meaningful activity to promote self-worth and fellowship with others.

## Comprehensive care

From short-term rehabilitation to long-term nursing care, we combine professional care with a personal approach. We enhance our licensed therapy and nursing services

with the special touches that make Liberty a genuine community such as our diverse activities program and our warm and caring staff. Respecting the dignity of our residents is something we take to heart. We are here to provide the care you need in a supportive environment that encourages well-being and health.

## Skilled nursing with experience

Quality care at Liberty is our number one goal. A team with a variety of skills creates an individual care plan that is as unique as the resident we are caring for. If rehabilitative services are needed they will be scheduled and monitored. Dietary needs are analyzed in case food preparation needs to be modified.

Whenever possible, residents are encouraged to get out of bed and socialize. They may choose to eat in the dining areas with other residents or family members. We also tailor activities to each individual skill level so that they will stay involved.

## Homeward bound

When an individual is in our care for rehabilitation, one of the first plans that we address—in conjunction with the resident and the family—is the plan to go back home. Our team will help assess the challenges in the present home environment. They will then make suggestions as to modifications that may be needed to create a healthy and safe environment which better suits the needs of the individual.

## Rehabilitation

Some of our residents are under nursing care for wounds and/or monitoring. Others are at an “assistance only” care level while they are receiving therapy. Regardless of the level of care needed, our goal at Liberty is to restore abilities lost due to illness or injury as much as is possible.



## Services & Amenities

- Comprehensive therapy program for short-term rehabilitation
- 24-hour skilled nursing care including wound care, diabetic monitoring and pain management
- Registered Eden Alternative community – our goal is to eliminate loneliness, helplessness and boredom
- Elder-centered buffet-style dining experiences
- Large private and semi-private rooms. Private rooms have built-in furniture and private showers.
- Adjacent to Centennial Park with paved paths available
- Three enclosed courtyards in addition to lounges throughout for visiting with family and friends

Life is ever changing. We would like to be your guide along the way.